

SEAGULL SCHOOLS HEALTH POLICY related to COVID-19

APPENDIX A

SCHOOL HEALTH POLICY

COVID-19 is a new virus in our community and so we have modified our existing health policy to include new guidelines specific to this virus. This policy should be used in conjunction to Seagull's existing Health Policy in your parent handbook; it does not replace our existing policy.

COVID-19 symptoms reported range from mild symptoms to severe illness. Symptoms may appear **2-14 days after exposure to the virus**. People with the following symptoms may have COVID-19:

- Cough
- Shortness of breath or difficulty breathing
- Fever
- Chills
- Muscle pain
- Sore throat
- Diarrhea
- New loss of taste or smell
- This list does not include all possible symptoms. Other less common symptoms have been reported, including gastrointestinal symptoms like nausea, vomiting, or diarrhea.

A child will not be allowed to attend school with any of the following symptoms:

1. Persistent, hacking cough
2. Rash/sores on the body that are infected and/or are spreading
3. Stomach ache, vomiting or diarrhea, blood in stool
4. Fever (100 degrees or higher) or any other signs of illness
5. Vomiting
6. Contagious sickness

If a child is in school and is observed with these symptoms, a parent will be asked to make arrangements for the child to be picked up by a responsible adult within 1 to 2 hours. A member of staff will isolate with your child to ensure health and safety of our community members.

DISCLOSURES

Please notify your Center's Director **prior to returning to the program** if your child, and/or any member of your household, displays any of the above symptoms, has been tested for COVID-19 or tests positive for COVID-19.

If you, your child, or a member of your household, has tested positive for COVID-19 or is in the process of being tested for COVID-19, your child will be asked to quarantine for a minimum of fourteen (14) days before returning to the program. It is our policy that household members

notify the school if a household member is being tested for COVID-19 to ensure that the child does not pose a health risk to other students and staff at the school. Your child may be asked to pass a 14-day quarantine before returning to the program. A doctor's note may be required before your child returns to school depending on the situation.

You are required to notify your Center's Director of any out-of-state travel **prior to returning to the program**. Seagull Schools' students and their families are expected to comply with all federal, State and City mandates and Seagull's own policy in regards to travel and COVID-19.

HYGIENE PRACTICES

All children and staff are expected to follow strict handwashing procedures using soap and water to ensure high standards of health and hygiene. Children are expected to wash their hands for a minimum of 20-30 seconds, especially between transitions and after bathroom use, diapering, and meal time. Handwashing is strictly enforced for staff and children coming into contact with bodily fluid. Assistance will be given to children and infants who cannot wash their hands alone.

Personal Protective Equipment (PPE) will be used by staff members; the use of masks by children aged five (5) is optional. Cloth face coverings should not be used on babies or children under the age of two because of the danger of suffocation.

WHEN TO SEEK EMERGENCY MEDICAL ATTENTION

Look for **emergency warning signs*** for COVID-19. If someone is showing any of these signs, **seek emergency medical care immediately**.

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

*This list is not comprehensive of all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.

Call 911 or call ahead to your local emergency facility: Notify the operator that you are seeking care for someone who has or may have COVID-19.